

**ST. ALBANS DIOCESE
BOARD FOR CHURCH AND SOCIETY COMMUNITY CARE GROUP**

CARING FOR THE CARERS

A Full Day Conference

How parishioners and clergy together can address the vital role they have in offering support to carers within their parish.

**St. Nicholas' Church Hall, Church Road, Barton-le-Clay,
Bedfordshire**

Saturday 7th November 2009 09.45a.m. - 3.30 p.m.

Carers are often described as being invisible. They may look after a relative or friend, adult or child, ill or disabled, who cannot manage without them. Carers are often not seen and not heard. They have hidden physical, emotional and spiritual needs to which the churches could respond quite practically. This conference aims to inform, empower and resource Clergy, Readers, Lay Ministers, Church Wardens and Church Members so that they can help and support carers within their parishes.

*The conference is sponsored by:-
Board for Church and Society Community Care Group.
Ministry Development Team
Carers in Bedfordshire.*

**Further information available from:-
The Secretary, Community Care Group, 01582 585400**

To book your place, please return this booking form before 24th October 2009 to:

The Secretary, Diocesan Community Care Group, 'Elmwood', 452 New Bedford Road,
Luton, Beds. LU3 2BA.

Delegate NameCarer []
Title
Church.....
Telephone.....
E-mail.....

Cancellation: this conference is free, we would request 3 days notice if you book a place but later need to cancel.

CARING FOR THE CARERS

A conference to inform, empower and resource church leaders and members so that they can help and support carers within their parishes.

held at

St. Nicholas' Church Hall, Church Road, Barton-le-Cley, Bedfordshire
Saturday 7th November 2009

PROGRAMME

- | | |
|------------|---|
| 09.30 a.m. | Coffee and Registration |
| 09.55 a.m. | Welcome by Conference Chair
<i>Mr. Frank Toner</i>
<i>Executive Director for Adult Services, Bedford Borough Council.</i> |
| 10.00 a.m. | 'Coping Strategies for Carers.'
<i>Mrs. Yvonne Clark.</i>
<i>Chief Executive, 'Carers in Bedfordshire'</i> |
| 10.30 a.m. | 'What is it like to be a carer?'
<i>Personal testimonies from identified carers</i> |
| 11.00 a.m. | 'The Pudding Club!'
<i>Revd. Sarah Burrow B.Ed.</i>
<i>Renhold Church, Bedfordshire.</i> |
| 11.20 a.m. | Comfort Break |
| 11.40 a.m. | 'Helping Hands': Small group work. |
| 12.40 p.m. | LUNCH |
| 1.30 p.m. | 'Oatcakes and Oil: food for the weary.'
<i>Revd. Richard Allen M.A.</i>
<i>Hospital Chaplain for South West London</i>
<i>and St. George's Mental Health Trust</i> |
| 2.00 p.m. | 'Taking the blame: from theory into practice': small groups. |
| 2.45 p.m. | 'Safe Recruitment.'
<i>Mr. Christopher Lees,</i>
<i>Bishop's Representative for Child Protection</i> |
| 3.00 p.m. | Plenary |
| 3.20 p.m. | Closing Remarks
<i>Conference Chair.</i> |
| 3.30 p.m. | Close |